



2023 Canada Winter Games Age Categories

The Canada Games Council (CGC) has worked with all National Sport Organizations (NSOs) on the 2023 Canada Winter Games program to confirm their age categories.

Age categories have been identified for each sport with the goal to develop Canada's next generation of national team athletes in the "Train to Compete" phase of the Long Term Athlete Development Model (LTAD), or other suitable phase of LTAD as justified by the NSO, and approved by the CGC Sport Committee.

The CGC Sport Committee has approved the following age categories for the sports on the 2023 Canada Winter Games program:

Sport	Age Category
Alpine Ski	<p>ABLE BODIED</p> <ul style="list-style-type: none">● AB, BC, ON, QC: U16 age category<ul style="list-style-type: none">○ Year of birth: 2007-2008● MB, NB, NL, NS, NT, NU, PE, SK, YT: U16 age category + max two (2) U18 non-FIS athletes<ul style="list-style-type: none">○ Year of birth: 2007-2008 + max two (2) athletes born in 2005-2006 <p>PARA ALPINE</p> <ul style="list-style-type: none">● 12-30 as of December 31, 2022<ul style="list-style-type: none">○ Year of Birth: 1992-2010
Archery	<ul style="list-style-type: none">● 20 and under as of December 31, 2023<ul style="list-style-type: none">○ Year of birth: 2003 or later
Badminton	<ul style="list-style-type: none">● Under 23 as of December 31, 2022<ul style="list-style-type: none">○ Year of birth: 2000 or later
Biathlon	<ul style="list-style-type: none">● 15-19 as of December 31, 2022<ul style="list-style-type: none">○ Year of birth: 2003-2007
Boxing	<ul style="list-style-type: none">● 16-18 as of February 25, 2023<ul style="list-style-type: none">○ Date of birth: February 26, 2004 - February 25, 2007
Cross Country Ski	<p>ABLE BODIED</p> <ul style="list-style-type: none">● 20 and under as of December 31, 2023<ul style="list-style-type: none">○ Year of birth: 2003 or later <p>PARA NORDIC To be confirmed.</p>

Curling	<p>MALE & FEMALE</p> <ul style="list-style-type: none"> ● Under 18 as of June 30, 2022 <ul style="list-style-type: none"> ○ Date of birth: July 1, 2004 or later ● NT, NU, PE, YT: <ul style="list-style-type: none"> ○ Permitted four (4) under 19 players per gender ○ Date of birth: July 1, 2003 or later <p>MIXED DOUBLES</p> <ul style="list-style-type: none"> ● Under 20 as of June 30, 2022 <ul style="list-style-type: none"> ○ Date of birth: July 1, 2002 or later ● NT, NU, PE, YT: <ul style="list-style-type: none"> ○ Permitted two (2) under 21 players ○ Date of birth: July 1, 2001 or later
Fencing	<ul style="list-style-type: none"> ● 17 and under as of December 31, 2023 <ul style="list-style-type: none"> ○ Year of birth: 2006 or later
Figure Skating	<p>PRE-NOVICE SINGLES</p> <ul style="list-style-type: none"> ● Under 16 as of June 30, 2022 <ul style="list-style-type: none"> ○ Date of birth: July 1, 2006 or later <p>PRE-NOVICE PAIR & PRE-NOVICE ICE DANCE</p> <ul style="list-style-type: none"> ● Under 18 as of June 30, 2022 <ul style="list-style-type: none"> ○ Date of birth: July 1, 2004 or later <p>SPECIAL OLYMPICS</p> <ul style="list-style-type: none"> ● 13-30 as of December 31, 2022 <ul style="list-style-type: none"> ○ Date of birth: 1992-2009
Freestyle Ski	<ul style="list-style-type: none"> ● 14-20 as of December 31, 2022 <ul style="list-style-type: none"> ○ Year of birth: 2002-2008
Gymnastics - Artistic	<ul style="list-style-type: none"> ● 12-19 as of December 31, 2023 <ul style="list-style-type: none"> ○ Year of birth: 2004-2011
Gymnastics - Trampoline	<ul style="list-style-type: none"> ● 14-22 as of December 31, 2023 <ul style="list-style-type: none"> ○ Year of birth: 2001-2009
Hockey	To be confirmed
Judo	<ul style="list-style-type: none"> ● 15-18 as of December 31, 2023 <ul style="list-style-type: none"> ○ Year of birth: 2005-2008
Karate	<ul style="list-style-type: none"> ● 16-17 as of February 27, 2023 <ul style="list-style-type: none"> ○ Date of birth: February 28, 2005 - February 27, 2007



Ringette	<ul style="list-style-type: none"> ● Under 20 as of December 31, 2022 <ul style="list-style-type: none"> ○ Year of birth: 2003 or later ● NT, NU, PE, YT: <ul style="list-style-type: none"> ○ Permitted three (3) under 21 players ○ Year of birth: 2002 or later
Snowboard	<p><i>FREESTYLE DISCIPLINES</i></p> <ul style="list-style-type: none"> ● 13-17 as of December 31, 2022 <ul style="list-style-type: none"> ○ Year of birth: 2005-2009 <p><i>SPEED DISCIPLINES</i></p> <ul style="list-style-type: none"> ● 15-19 as of December 31, 2022 <ul style="list-style-type: none"> ○ Year of birth: 2003-2007
Speed Skating	<p><i>LONG TRACK</i></p> <ul style="list-style-type: none"> ● 14-19 as of June 30, 2022 <ul style="list-style-type: none"> ○ Date of birth: July 1, 2002 - June 30, 2008 <p><i>SHORT TRACK</i></p> <ul style="list-style-type: none"> ● 14-18 as of June 30, 2022 <ul style="list-style-type: none"> ○ Date of birth: July 1, 2003 - June 30, 2008
Squash	<ul style="list-style-type: none"> ● Under 17 as of March 4, 2023 <ul style="list-style-type: none"> ○ Date of birth: March 5, 2006 or later ○ 2 females & 2 males ● Under 19 as of March 4, 2023 <ul style="list-style-type: none"> ○ Date of birth: March 5, 2004 or later ○ 2 females & 2 males
Table Tennis	<ul style="list-style-type: none"> ● Under 18 as of December 31, 2022 <ul style="list-style-type: none"> ○ Year of birth: 2005 or later
Wheelchair Basketball	To be confirmed

